



# OABO – OFSAA (FIBA) Uniform Clarifications (v5 Nov.2019)



T- shirts/Short sleeves	<ul style="list-style-type: none"> <li>• Legal for high school players</li> <li>• Can be any colour that does not cause confusion with primary colour of opponent's jersey</li> <li>• All players shall be wearing same colour</li> </ul>
Compression arm sleeves/shirts	<ul style="list-style-type: none"> <li>• Can be any colour that does not cause confusion with primary colour of opponent's jersey</li> <li>• All players shall be wearing the same colour</li> <li>• Loose fitting long sleeve shirts are illegal (legal for documented religious/medical reasons.)</li> </ul>
Compression leg sleeves	<ul style="list-style-type: none"> <li>• Legal; Includes a compression sleeve where knee pad as integral part</li> <li>• The same colour as sleeves and shirts listed above.</li> <li>• All players shall be wearing same colour</li> </ul>
Compression underwear	<ul style="list-style-type: none"> <li>• Legal; short legs or long legs.</li> <li>• Same colour as other accessories</li> <li>• All players shall be wearing same colour</li> </ul>
Headwear	<ul style="list-style-type: none"> <li>• Headwear for religious reasons (i.e. Hijab) is allowed</li> <li>• (if not abrasive and/or pose risk to other players)</li> <li>• Headbands are not considered headwear</li> </ul>
Knee Pads	<ul style="list-style-type: none"> <li>• Legal (individual knee pads that are not part of a sleeve)</li> <li>• No colour restriction</li> </ul>
Knee Braces	<ul style="list-style-type: none"> <li>• Legal; shall not pose a danger/risk to other players</li> <li>• Any sharp edges to be covered</li> <li>• No colour restriction</li> </ul>
Sweat bands	<ul style="list-style-type: none"> <li>• Sweat/Head band worn on head is allowed</li> <li>• Sweat band(s) on wrist(s) are allowed</li> <li>• If both are worn, shall be same colour &amp; all players shall wear the same colour.</li> <li>• Same colour as other accessories. –NO COMMERCIAL LOGOS VISIBLE</li> </ul>
Jewelry	<ul style="list-style-type: none"> <li>• Illegal</li> <li>• Studs must be removed, not taped over</li> <li>• Hairclips should be removed</li> </ul>
Religious items	<ul style="list-style-type: none"> <li>• A religious medal if worn, must be taped and worn under the uniform</li> </ul>
Medic alert Bracelet	<ul style="list-style-type: none"> <li>• Should be kept at table or by coach</li> </ul>
Kinesiology Tape	<ul style="list-style-type: none"> <li>• Legal; no restriction on colour</li> </ul>
Ankle Braces	<ul style="list-style-type: none"> <li>• Legal; no colour restriction</li> </ul>
Socks	<ul style="list-style-type: none"> <li>• Legal; no restriction on colour</li> </ul>
Uniform/Equipment Specifications not covered above	<p>Players shall not wear equipment /objects that may cause injury to other players. The following are not permitted:</p> <ul style="list-style-type: none"> <li>• Finger, hand, wrist, elbow or forearm guards, casts or braces made of leather, plastic, pliable (soft) plastic, metal or any other hard substance, even if covered with soft padding.</li> <li>• Objects that could cut or cause abrasions (fingernails must be closely cut).</li> <li>• Headgear, hair accessories and jewellery. (see above exceptions)</li> </ul> <p>The following are permitted:</p> <ul style="list-style-type: none"> <li>• Shoulder, upper arm, thigh or lower leg protective equipment if the material is sufficiently padded.</li> <li>• Protector for an injured nose, even if made of a hard material.</li> <li>• Spectacles, if they do not pose a danger to other players.</li> </ul>
Equipment Ruled Legal by OBA for their competitions	<ul style="list-style-type: none"> <li>• Concussion headgear</li> <li>• Portable insulin pump worn on hip</li> <li>• Cochlear Implants</li> </ul>
Blood on uniform	<ul style="list-style-type: none"> <li>• Uniform item must be removed if saturated. (Note from FIBA: Not to pay the attention to blood on jersey, unless terribly blood-covered. Nobody has proved that the blood on the shirt can contaminate the opponent.)</li> </ul>